



P.E. Department Homework Project



Name: _____

P.E. Group: _____

P.E. Teacher: _____

Area of study: _____

Activity: _____



This homework has been completed to the best of my ability.

Student signature _____

Parent/Guardian signature _____

Date _____

Rules of the Activity

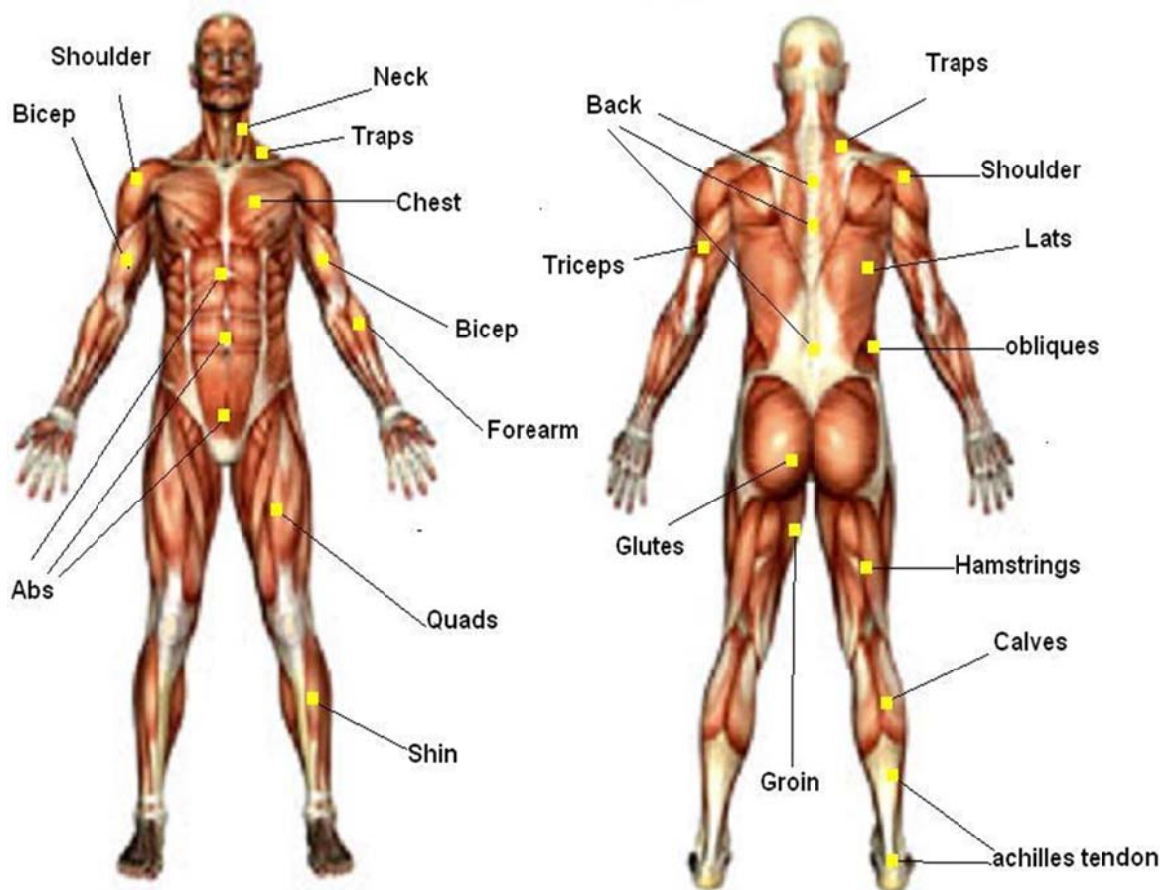
Activity _____

You have to give at least 5 rules to the activity

Key rules of the Activity	How they are applied during the Activity (provide an example)

Muscles of the Body

Circle the muscles that you think you have used in the activity that you are doing this term.



WORDSEARCH

E U Q I N H C E T S T A M I N A H J
C O N T R O L Y V E C N A R U D N E
B X T G N I L B B I R D Z G Q J N G
P T N E U O D B N O I S S E S O P X
F F N O E K A G I L I T Y Z G D U Z
Z H L E I C O M M U N I C A T I O N
G B D U M S K R O W M A E T B D C M
O C O E E E I G M G N I N I A R T D
P O P C B N V C Q N R G T M X F E Y
P M M N N E C O E A O S B T I E D P
O P D A P W M Y M R U I U V P M R W
N E E M F L C C M C P H S S Y A C S
E T F R S N O I T I S O P A C X B C
N I E O K S T R E N G T H T V O R I
T T N F B S S E N T I F I P J N W T
S I C R V K C A T T A C S I B K I C
V O E E S K I L L S E Y Q Z K Y W A
K N K P Z W Z S T R A T E G I E S T

AGILITY
ATTACK
COMMUNICATION
COMPETITION
CONTROL
DEFENCE
DRIBBLING
ENDURANCE
FITNESS

FLUENCY
INVASION
MOVEMENT
OPPONENTS
PERFORMANCE
POSSESSION
POSITIONS
PRACTICE
PRECISION

SKILLS
SPEED
STAMINA
STRATEGIES
STRENGTH
TACTICS
TEAMWORK
TECHNIQUE
TRAINING

Participation Graph

Tasks

- 1 — Ask twenty family and friends what their favourite sport is.
- 2 — Record their responses in the table below. Some have been done for you. (You need to add any sports that are not in the list!)
- 3 — Create a bar chart in the box below, displaying the variety of sports everyone provided.

Sport	Tally
Rugby	II
Tennis	I
Golf	II

